

2011 - MEN'S AGE DIVISIONS and WEIGHT CLASSES

AGE DIVISIONS	BIRTH DATES	MATCH TIME LIMITS <small>(Freestyle & Greco-Roman Styles Only)</small>	WEIGHT CLASSES
BANTAM	Born 2003-2004	Best out of 3 two-minute periods with 30 second rest between periods	40, 45, 50, 55, 60, 65, 70, 75, 75+ (15 lbs. maximum difference)
INTERMEDIATE	Born 2001-2002	Best out of 3 two-minute periods with 30 second rest between periods	50, 55, 60, 65, 70, 75, 80, 87, 95, 103, 112, 120, 120+ (20 lbs.max difference)
NOVICE	Born 1999-2000	Best out of 3 two-minute periods with 30 second rest between periods	60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, 140, 140+ (25 lbs. maximum difference)
SCHOOLBOY	Born 1997-1998	Best out of 3 two-minute periods with 30 second rest between periods	70, 77, 84, 91, 98, 105, 112, 120, 128, 136, 144, 152, 160, 175, 190, 210, 265
CADET (Men)	Born 1995-1996	Best out of 3 two-minute periods with 30 second rest between periods	84, 91, 98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285
FILA CADET (Men)	Born 1994-1996	Best out of 3 two-minute periods with 30 second rest between periods	39-42 KG/86-92.5 LBS, 46/101.25, 50/110.25, 54/119, 58/127.75, 63/138.75, 69/152, 76/167.5, 85/187.25, 85-100/187.25-220.5, 125/275.5
JUNIOR (Men)	Born 9/1/1991 & after, plus enrolled in grades 9-12	Best out of 3 two-minute periods with 30 second rest between periods	98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285
FILA JUNIOR WORLD (Men)	Born 1991-1993 1994 with medical certificate	Best out of 3 two-minute periods with 30 second rest between periods	46-50 KG/101.25-110.25 LBS, 55/121.25, 60/132.25, 63/138.75*, 66/145.5, 70/154.25*, 74/163, 79/174*, 84/185, 96/211.5, 120/264.5
UNIVERSITY (Men)	Born 1987-1993 & athlete must have graduated from high school	Best out of 3 two-minute periods with 30 second rest between periods	55 KG/121.25 LBS, 60/132.25, 63/138.75*, 66/145.5, 70/154.25*, 74/163, 79/174*, 84/185, 96/211.5, 120/264.5
SENIOR (Men)	Born 1991 or before 1992-1993 with medical certificate	Best out of 3 two-minute periods with 30 second rest between periods	55 KG/121.25 LBS, 60/132.25, 66/145.5, 74/163, 84/185, 96/211.5, 120/264.5
USA WRESTLING VETERANS (Men—All Styles)	Div. A: Born during the years of 1979 and 1986 Div. B: Born during the years of 1971 and 1978 Div. C: Born during the years of 1963 and 1970 Div. D: Born during the years of 1956 and 1962 Div. E: Born 1955 and before.	<p style="text-align: center;"><u>FREESTYLE & GRECO-ROMAN</u> 3 two-minute periods with 30 second rest between periods</p> <hr/> <p style="text-align: center;"><u>FOLKSTYLE</u> 1 two-minute period and 2 one-minute periods with 30 sec. rest between periods</p>	<p style="text-align: center;">50-58 KG/110.25-127.75 LBS, 63/138.75, 69/152, 76/167.5, 85/187.25, 97/213.75, 97-130/213.75 - 286.5</p>

* Not a FILA weight

Chart is effective from January 1, 2011 to December 31, 2011



2011 - WOMEN'S AGE DIVISIONS and WEIGHT CLASSES

AGE DIVISIONS	BIRTH DATES	MATCH TIME LIMITS <small>(Freestyle & Greco-Roman Styles Only)</small>	WEIGHT CLASSES
INTERMEDIATE	Born 2002-2004	Best out of 3 two-minute periods with 30 second rest between periods	45, 50, 55, 60, 65, 70, 75, 80, 85, 85+
NOVICE	Born 1999-2001	Best out of 3 two-minute periods with 30 second rest between periods	60, 65, 70, 75, 80, 85, 90, 95, 102, 110, 118, 118+
SCHOOLGIRL	Born 1997-1998	Best out of 3 two-minute periods with 30 second rest between periods	81, 89, 97, 105, 113, 120, 128, 137, 145, 155, 175, 195
USAW CADET (Women)	Born 1995-1996	Best out of 3 two-minute periods with 30 second rest between periods	84, 88, 95, 101, 108, 115, 124, 132, 143, 154, 172, 198
FILA CADET (Women)	Born 1994-1996	Best out of 3 two-minute periods with 30 second rest between periods	36-38 KG/79.25-83.75 LBS, 40/88, 43/94.75, 46/101.25, 49/108, 52/114.5, 56/123.5, 60/132.25, 65/143.25, 70/154.25, 78/172*, 84/185*, 100/220.5*
JUNIOR (Women)	Born 9/1/1991 & after, plus enrolled in grades 9-12	Best out of 3 two-minute periods with 30 second rest between periods	97, 105, 112, 117, 121, 125, 130, 139, 148, 159, 172, 198
FILA JUNIOR WORLD (Women)	Born 1991-1993 1994 with medical certificate	Best out of 3 two-minute periods with 30 second rest between periods	40-44 KG/88-97 LBS, 48/105.75, 51/112.25, 55/121.25, 59/130, 63/138.75, 67/147.5, 72/158.75, 79.5/175.25*
UNIVERSITY (Women)	Born 1987-1993 & athlete must have graduated from high school	Best out of 3 two-minute periods with 30 second rest between periods	48 KG/105.75 LBS, 51/112.25, 55/121.25, 59/130, 63/138.75, 67/147.5, 72/158.75, 77/169.75*
SENIOR (Women)	Born 1991 or before 1992-1994 with medical certificate	Best out of 3 two-minute periods with 30 second rest between periods	48 KG/105.75 LBS, 51/112.25, 55/121.25, 59/130, 63/138.75, 67/147.5, 72/158.75

* Not a FILA weight

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THE ROAD TO SUCCESS STARTS WITH

